

**KIRKWOOD HIGH SCHOOL
CODE FOR INTERSCHOLASTIC ATHLETICS AND ACTIVITIES**

Students who participate in athletics and co-curricular activities are thought of as school leaders. These students represent the school in the eyes of the community and serve as role models for other students. As a result, these students are held to a high standard of conduct. They need to maintain their physical and mental well-being not only while at school and school-sponsored activities, but at other times as well. To achieve these ends, Kirkwood High School (KHS) has developed a prevention program which includes a Student Pledge. The Student Pledge must be signed by students in order to participate in athletic and co-curricular activities, and parents are likewise requested to indicate their support of the Code by signing the Pledge along with their child.

Participation in athletics and co-curricular activities is a privilege and not a right. Such activities are governed by the Missouri State High School Activities Association (MSHSAA), the St. Louis Suburban High School Athletic Conference (SLSHSAC), and the policies of the Kirkwood School District. The Official Handbook of the Missouri State High School Activities Association states, "to be eligible to participate in school athletics/activities is a privilege not and inherent right." This particular privilege is granted if you meet the eligibility standards as set forth by the Missouri State High School Activities Association. According to the MSHSAA eligibility standards, students/athletes must be good citizens in their school and community. A student whose character or conduct is such to reflect discredit upon himself/herself or his/her school is not considered a creditable citizen. His/her conduct shall be satisfied in accord with standards of good discipline."

The privilege of being on a team or in an organization carries with it the responsibility of good citizenship, abiding by conditions, training rules, and citizen requirements.

CONDITIONS OF ELIGIBILITY

1. Students must have a current physical examination for athletics, cheerleading, or pom-poms. Physicals dated after February 1st of the preceding school year are valid throughout the present school year.
2. Students must have a signed parent permission form on file for the sport in which they are participating.
3. Students must submit evidence of medical insurance that covers the student in case of injury. (Any falsification of a signature on above documents will eliminate student participation.)
4. Students must have earned 2.50 units of credit the previous semester. Credits earned or completed in summer school can fulfill this requirement. Students may only earn 1.00 credits in summer, after the close of the semester.

5. If a student is a beginning ninth grade student, he or she must have been promoted at the close of the school year.
6. Students must enroll in a minimum of 2.50 credits during the semester of competition.
7. Students must have all non-school competition approved by their coach/sponsor or Athletic Administrator.

Failure to meet the conditions prior or during the athletic season shall disqualify the student from participation until the condition is met or corrected.

TRAINING RULES:

Medical research clearly substantiates the fact that the use of tobacco, alcohol and any type of mood modifying substances produces harmful effects on the human organism.

Students have to decide if they want to be athletes. If a student does wish to be an athlete, he or she must make the commitment to be a competitor. A big part of this commitment is following a simple set of training rules which the department of athletics believes to be fair.

No Tobacco- Students shall not use or possess any tobacco products, including but not limited to smokeless tobacco (such as dip or chew), cigarettes and cigars

No Alcohol- Students shall not use or possess any alcoholic beverage of any kind, including but not limited to beer, wine, and hard liquor.

No Drugs- Students shall not use or possess any narcotic drug, hallucinogenic drug, amphetamine, barbiturate, marijuana, steroids, or other controlled substance of any kind.

These rules apply to student athletes only during the athletic season(s) in which they participate and to students in other activities only during that part of the school year in which the activity in which they participate (including school-sponsored preparation therefore) is taking place. During that period of time, the rules apply twenty-four (24) hours per day, both at school and away from school.

PENALTIES FOR VIOLATIONS OF TRAINING RULES

VOLUNTARY ADMISSION - The purpose of this provision is to allow the student to seek help and may not be used by a student if the training rule violation is already known by the school or a school representative. Voluntary admission of a violation of the training rule will not result in suspension, but will be handled as a first violation for all other purposes. In such a case, the student is required to meet with an intervention counselor. This provision may be used only one time by an athlete.

FIRST VIOLATION- The first violation that is not based on a voluntary admission shall result in the student being suspended from team competition or from all co-curricular activities for a period of up to ten (10) school days. After completion of the suspension, a reinstatement meeting will be held involving the student, his or her parents or guardian, the coach or sponsor, and the athletic director to allow the student to recommit to being free of the substances banned by the training rules. If, in the sole discretion of the school officials, the student recommit, he or she will be allowed to again participate in the sport or activity from which he or she was suspended. If the suspension is not fully administered during that sport season or activity period, the remainder of the suspension may be applied to the next interscholastic sport season or activity period in which the student participates.

SECOND VIOLATION- The second violation shall result in the student being suspended from team competition or from all co-curricular activities for a period of up to forty-five (45) school days. After completion of the suspension, a reinstatement meeting will be held involving the student, his or her parents or guardian, the coach or sponsor, and the athletic director to allow the student to recommit to being free of the substances banned by the training rules. If, in the sole discretion of the school officials, the student recommit, he or she will be allowed to again participate in the sport or activity from which he or she was suspended. If the suspension is not fully administered during that sport season or activity period, the remainder of the suspension will be applied to the next interscholastic sport season or activity period in which the student participates. If the penalty is not fully administered during that sport season or activity period, the remainder of the penalty may be applied to the next sport season or activity period in which the student participates.

THIRD VIOLATION- The third violation shall result in the student being suspended from team competition or from all co-curricular activities for a period of up to one hundred and eighty (180) school days. After completion of the suspension, a reinstatement meeting will be held involving the student, his or her parents or guardian, the coach or sponsor, the athletic director, and the principal to allow the student to recommit to being free of the substances banned by the training rules. If, in the sole discretion of the school officials, the student recommit, he or she will be allowed to again participate in the sport or activity from which he or she was suspended. If the suspension is not fully administered during that sport season or activity period, the remainder of the suspension may be applied to the next interscholastic sport season or activity period in which the student participates.

PROCEDURES FOR SUSPENSIONS:

The following procedures shall apply in violations of Training Rules:

1. Violations may be deemed verified based upon first hand knowledge of an authorized adult, which shall be defined as a coach, sponsor, administrator, teacher, police officer, the student's parent or guardian, witnesses to the incident, or by the admission of the student.

2. Students in athletics and activities who violate the school district's rules and regulations on drug, tobacco, or alcohol use or possession are subject to the established procedures and consequences of the school district's discipline policy in addition to the procedures and discipline set for herein.
3. Prior to the suspension of a student from a team competition or co-curricular activity for a first violation, the athletic director or activity administrator, along with the coach or sponsor, shall hold an informal conference with the student wherein: (1) the student shall be informed of the alleged violation of the Training Rules; (2) the student's parent or guardian will be contacted immediately; (3) if the student denies the allegation, the student shall be given an explanation of the facts which form the basis for the proposed suspension; (4) the student shall be given an opportunity to present his or her version of the incident.

In determining whether there has been a first violation of the Training Rules, the athletic director or administrator and coaches or sponsors shall review relevant evidence including the statements of those individuals who have been interviewed, as well as that of the student, and determine whether a violation has occurred. The decision of the athletic director or administrator may be appealed to the Principal by the end of school the following day upon submission of a written letter to the Principal. The Principal shall review the report of the athletic director or administrator, shall tell the student the basis and facts related to the violation, and give the student an opportunity to present his or her version of the facts or the incident. The Principal may uphold or overrule the decision in part or in whole.

4. Prior to the suspension of a student from a team competition or co-curricular activity for a second or third violation, the athletic director or activity administrator along with the coach or sponsor shall hold an informal conference wherein: (1) the student shall be informed of the alleged violation of the Code; (2) the student's parent or guardian will be contacted immediately; (3) if the student denies the allegation, the student shall be given an explanation of the facts which form the basis for the proposed suspension; (4) the student shall be given an opportunity to present his or her version of the incident. The decision of the athletic director or administrator may be appealed to the Principal upon submission of a written letter by the end of school the following day to the Principal. The Principal shall review the report of the athletic director or administrator, shall tell the student the basis and facts related to the violation, and give the student an opportunity to present his or her version of the facts or the incident. The Principal may uphold or overrule the decision in part or in whole. The decision of the Principal may be appealed to the Superintendent upon submission of a written letter to the Superintendent. The Superintendent shall review the report of the athletic director or administrator, shall tell the student the basis and facts related to the violation, and give the student an opportunity to present his or her version of the facts or the incident. The Superintendent may uphold or overrule the decision in part or in whole.

CITIZENSHIP REQUIREMENTS

- 1) Students shall abide by all School rules, School Board Policies, and MSHAA Rules.
- 2) Students shall attend team practices and meetings and abide by the team rules.
- 3) Students shall not violate Municipal, County, State, or Federal laws.

Failure to abide by the Citizenship Requirements may be subject to possible immediate suspension from the activity for such time as is determined by the Coach or Sponsor, Athletic Director or Activities Director, and the Principal. In the event of a conviction, or suspended imposition of sentence, or suspended execution of sentence, the student shall not be reinstated until such time as conditions of probation or sentencing such as community service, treatment, or restitution are completed, and then only upon the approval of the Coach, Athletic Director and the Principal.