



Keysor RoadRunners

Please Join!

**The Tuesday morning running club
begins September 9th at 8am sharp!**

We meet on the Keysor track.

Research shows that cardiovascular exercise,
like running, strengthens the body and
is crucial to brain and nervous system development.
A perfect way to begin the day of learning and achieving.

All Keysor learners and their parents/guardians
are welcome to join our club.

Fill out the membership form below
and return to the PE office by September 5th:

Keysor RoadRunners run 6 consecutive Tuesday mornings.
The dates are September 9, 16, 23, & 30 and October 7 & 14.

Yes! I want to be a Keysor RoadRunner

Name

Classroom teacher

I would love to volunteer to help with Keysor Road Runners

Name
